

Men with ED-DMT1

Relevant Media Resources

Videos and Articles

11/11/15: Vimeo Documentary 'Millstone': <https://vimeo.com/143140171>

'MILLSTONE is a documentary about Men Get Eating Disorders Too, a charity that helps men affected by eating disorders. Through their interviews, nine men share their inspiring story of bravery and resilience, sending a message of hope to all sufferers. Their account is supported by poetic re-enactments, which are accompanied by extracts of other men's stories. The aim of the film is to offer an alternative representation of eating disorders in men, which are often ignored or misjudged by the media.'

9/5/16: BBC Newsbeat 'Men need help as well as women with eating disorders, say medical experts':
<http://www.bbc.co.uk/newsbeat/article/36218319/men-need-help-as-well-as-women-with-eating-disorders-say-medical-experts>

Newsbeat documentary 'Anorexia: A Boy in a Girl's World':
<http://www.bbc.co.uk/programmes/p03q99cc>

'A special Newsbeat programme on male eating disorders with exclusive access to a specialist treatment unit helping teenagers with their battle.'

4/5/17: BBC News 'Increase in cases of men suffering from eating disorders:
<http://www.bbc.co.uk/news/av/health-39803493/increase-in-cases-of-men-suffering-from-eating-disorders>

'The number of men receiving outpatient treatment for an eating disorder in England has grown twice as fast as women in the last three years, according to a BBC Breakfast investigation.'

The number of male patients increased by 27%, compared to a 13% increase for females. Under 18s made up a third of male patients last year, with almost 400 boys seen in 2016. This figure was up 38% from 2015.

The figures show that men remain a small minority, around 1200 were treated last year, representing around 8% of the total.

Simon, who suffers from anorexia, spoke to the BBC about how he has become frightened of eating'

24/7/17 BBC News 'Male eating disorders rise but Wales spends less than England.' <http://www.bbc.co.uk/news/uk-wales-40683419>

BBC 3 documentary 'Men, Boys and Eating Disorders':
<http://www.bbc.co.uk/programmes/b08zk03z>

'Eating disorders have the highest death rate of any mental health illness and are estimated to affect 1.6 million people in the UK. Around 400,000 of these are thought to be men and boys, including international rugby referee Nigel Owens.'

Nigel meets men, boys and their families across the UK to hear their moving accounts of the devastating impact of anorexia and bulimia, as he sets out to investigate the reasons behind why more people are being diagnosed.

In this deeply personal film, Nigel also opens up in detail about his own eating disorder for the first time as he confronts a dark truth about his battle with bulimia'

Websites

National Centre For Eating Disorders *'Eating disorders in males'*:
<http://eating-disorders.org.uk/information/eating-disorders-in-males/>

Men Get Eating Disorders Too: <http://mengetedstoo.co.uk/>

The Lawrence Trust: <https://www.thelaurencetrust.co.uk/>

Boys Get Anorexia Too: <http://www.boyanorexia.com/>